

tapping practice 4

(tapping practice basic 4)

polyphenol

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12 5 7 5

5

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12 4 7 4

11 2 5 2

10

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11 2 5 2

12 4 7 4

15

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12 4 7 4

12 5 7 5

20 21 22 23 24

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-12-5-7-5 -12-4-7-4 -12-4-7-4 -12-4-7-4 -12-4-7-4

25 26 27 28 29

T T T T T

-11-2-5-2 -11-2-5-2 -11-2-5-2 -11-2-5-2 -12-4-7-4

30 31 32 33

T T T T

-12-4-7-4 -12-4-7-4 -12-4-7-4 -12